

Training Day

STARRING

Mike Harris

Assistant Head Coach at Edgebaston Priory Club.
Qualified England Squash Level 4 Performance Coach

Ben Hutton

Head Coach @
Coral Health & Fitness, Sussex Juniors, Christ's Hospital
School. Qualified England Squash Level 3 Coach



**Coral Health & Fitness Club, Orchard Road, Hove, East Sussex
BN3 7BG Tel: 01273 731262**

Saturday 30th July 2016

10am – 4pm

Cost:

£35 for the day

An adult coaching day aimed at men and women of Club Team Playing standard.

Come and have an enjoyable day of squash at Coral Health & Fitness Club,

Focusing on The 5 Pillars of Squash

(A new England Squash Directive)

(Cheques made payable to Ben Hutton)

Numbers are limited to 16 so please book early to avoid disappointment

Send completed forms to bn_hutton@yahoo.co.uk

If you have any queries please call Ben Hutton on 07966426641

Name	
County	
Playing ability	
Email address	
Contact Telephone No's.	

Post: Ben Hutton, 7 Elm Road, Portslade, Brighton, BN41 1SA