

# Adult Weekend Summer Squash Camp



at

Coral Health & Fitness Club, Orchard Road, Hove, East Sussex  
BN3 7BG Tel: 01273 731262

**Saturday 23rd and Sunday 24<sup>th</sup> July 2011**  
**10am – 4pm**

## Coaches:

### Ben Hutton

Coral Health & Fitness Head Coach,  
Sussex Senior County Champion, Sussex Junior County  
Coach & Assistant London Regional Coach  
Qualified England Squash Level 3 Coach

### Mike Harris

Finland National Coach & Head of Coaching  
Former England High Performance Coach Academy  
Director  
Qualified England Squash Level 4 Performance Coach

## Cost:

£100 for the weekend

An adult coaching weekend aimed at men and women of Club Team Player standard.  
Come and have an enjoyable weekend of squash at Coral Health & Fitness Club,  
Focusing on Developing Accuracy and Match Play  
Plus meet & train with new players and enjoy a social evening in Brighton  
(Cheques made payable to Ben Hutton)

Numbers are limited to 16 so please book early to avoid disappointment

To book a place, please reply by email with the completed form to [bn\\_hutton@yahoo.co.uk](mailto:bn_hutton@yahoo.co.uk)  
If you have any queries please call Ben Hutton on 07966 426641 or Mike Harris on 07826 316065

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To return by post please send completed form a cheque made payable to Ben Hutton:  
Ben Hutton C/O Coral Health & Fitness, Orchard Road, Hove, East Sussex BN3 7BG

Name	
Club	
Any Medical Issues	
Email address	
Contact Telephone No's.	

